

BE SAFE OUT THERE

Does the Riverside Trail motivate you to hop on your bicycle and enjoy Cornwall's waterfront? Follow these tips to stay safe when cycling:

Wear bright colours.

Bright and reflective clothing helps others see you.

Ride like you drive.

Be sure to stop at stop signs and red lights. Ride on the right side of the road, with traffic. Where available, use the bike lanes and avoid riding your bike on the sidewalks.

Wear a helmet.

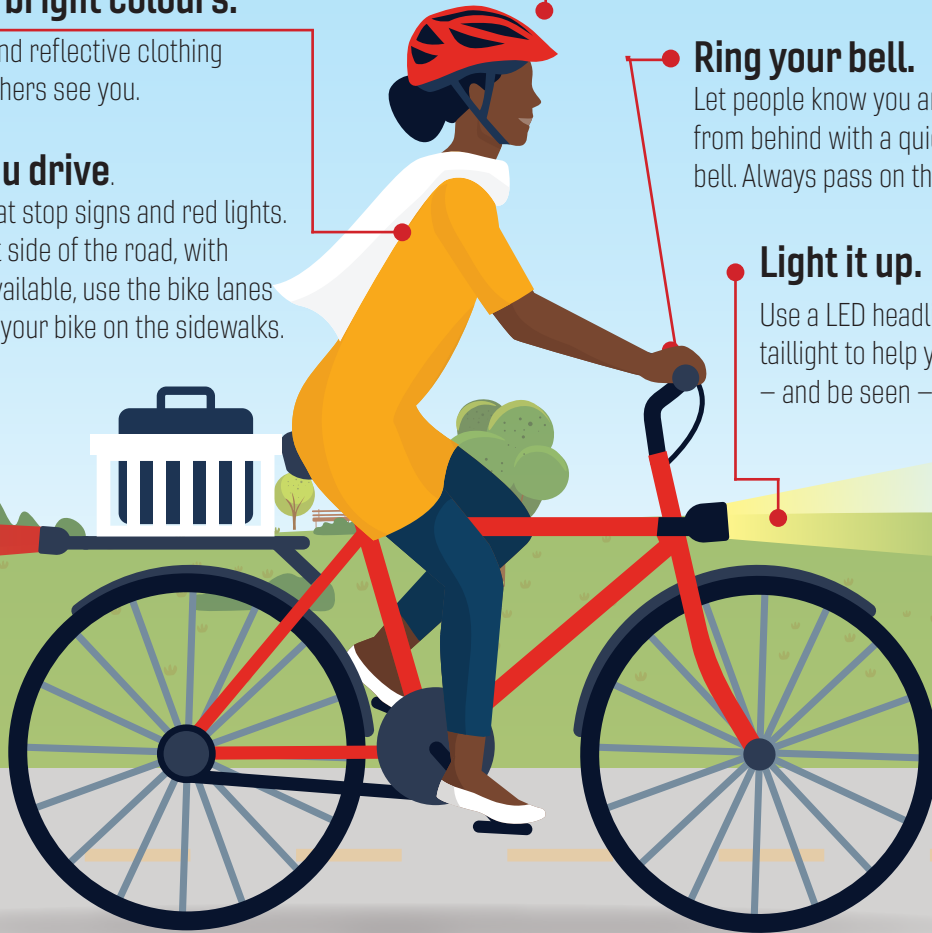
Wearing a helmet reduces the risk of head injury by 85%. Make sure yours fits snugly.

Ring your bell.

Let people know you are approaching from behind with a quick ring of your bell. Always pass on the left.

Light it up.

Use a LED headlight and taillight to help you see – and be seen – at night.



Share the path

Cornwall's recreational trails are for everyone! Keep right, pass left. Pedestrians should walk no more than two abreast. Cyclists single file. Move off the path when stopping.

USE HAND SIGNALS

STOP



LEFT



RIGHT



11 KM OF WATERFRONT CYCLING
ALL ON TRAFFIC-FREE TRAILS

